girl scouts of southeastern michigan

Daisy Safety Award

Complete these three steps to learn to stay safe!

1. Learn your phone number and how to call for help. Now learn your address.
   Draw a picture of someone who is safe to ask for help. Hint: Police Officer, Fire Fighter, Teacher, etc.

My phone number is"

___ ___ ____

In Emergencies, call 911

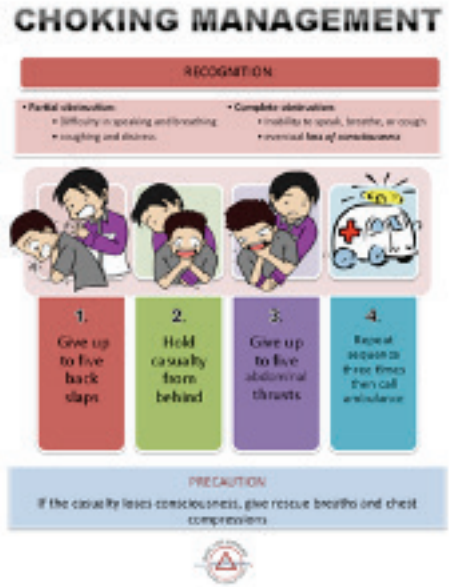
Using the pad below practice dialing or with an adult practice on a real phone.



2. What to do if someone is choking? Try the Heimlich manuever on a stuffed animal.



Source: http://www.storiesofahappymom.com/2012/08/the-heimlich-maneuver.html



Source: http://blstst10.blogspot.com/p/modules.html

3. Know how to Stop, Drop and Roll. Get, go and roll. With a sibling, you might want to practice this technique and turn it into a contest who can roll the farthest, or play Simon Says. With your parents, discuss what to do if there is a fire in your house.



And watch this video- https://youtu.be/2rJP0uFJvXM

For more to do!

- Find the safety equipment in your house or near your house and know what it does. Circle the items after you find them.









