girl scouts of southeastern michigan



Ambassador Safety Award

Know how you and your friends stay safe while you are an Ambassador.

1. Pick a safety issue important to you, and organize a forum where other teens can discuss the issue.

My safety issue is: _____

My Forum is: _____

2. Talk to a younger family member or Girl Scout about internet safety and the safe use of social media.

    a. First review the Girl Scout Safety Pledge.
    https://www.girlscouts.org/en/help/help/internet-safety-pledge.html
    b. Review with an adult parental controls for social media.
    https://www.internetmatters.org/blog/parental-controls/social-media/

3. List your duties and responsibilities as a Counselor in Training (CIT), Volunteer in Training (VIT) or in other leadership roles you have.
    a. Make your list permanent by laminating it, or putting clear contact paper over it and carry it with you when you are in these roles.

4. Research or talk to a counselor, social worker, or someone who works at a women's shelter to find out more about how to stay safe while dating and share with a friend.
    a. What to do if you are in an abusive relationship?
    b. How to stay safe while virtual dating?
    c. How to stay safe in social media?

5. Pick a sport or outdoor activity you enjoy.
    a. What safety equipment is used?
    b. What rules are in place to keep participants safe?
    c. How has rules or equipment changes through the years to protect players?
    d. What is the most common injury in this activity? Can it be avoided?