Urban Explorer

This patch focuses on getting girls outside by introducing them to outdoor spaces in their area as well as suggesting things they can do in their own backyard!

Discover:

Daisies complete 3; Brownies complete 4; Juniors complete 5; Cadettes complete 6; Seniors and Ambassadors complete 7 of the following:

❏ What is the definition of an Urban Open Space? What kind of spaces are included in this definition?
❏ What is an Urban Green Space? What makes an Urban Open Space an Urban Green Space?
   What kind of spaces are included in this definition?
❏ Why are these spaces important? What do they do to improve the quality of a city and therefore our quality of our lives?
❏ What are three Urban Open Spaces relatively near you? Make sure at least two of them are Green Spaces.
❏ Look up different events or activities that take place in different Urban Outdoor Spaces or think of something you do on your own!
❏ Research one new thing you can do in your own backyard/neighborhood.
❏ Identify what plants are growing in your own backyard or neighborhood.
❏ Identify what animals live in Michigan backyards, parks, and neighborhoods. What are the benefits of having these animals around?

Connect:

Daisies complete 2; Brownies complete 3; Juniors complete 4; Cadettes complete 5; Seniors and Ambassadors complete 6 of the following:

❏ Share the new information you have about Urban Open Spaces, Urban Green Spaces, and their importance with a friend or family member!
❏ Record how much time you spend inside vs outside each day for a week and how much time you spend on your phone. Compare the two.
❏ Look up different events and activities that take place in different Open Spaces, pick a few you would be interested in attending.
❏ Plan how you would spend time in a local Urban Green Space with your friends and family when an event isn't taking place.
❏ Plan how you would spend a day outdoors with your friends and family in your own backyard or neighborhood!
❏ Look up the benefits of the plants growing around you! Do they attract any specific animals or bugs? Are they native or invasive?
❏ Look up what kind of tracks animals that share spaces with us leave behind. Learn how to track them!

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Take Action:

Daisies complete 1, Brownies complete 2, Juniors complete 3; Cadettes, Seniors, and Ambassadors complete 4 of the following:

❏ Support the open spaces in your neighborhood by spending a day helping pick up litter in an urban green space!

❏ Commit to spending at least 30 min a day outside (not including time at school). Record and share how you feel or what you learn after spending time outside for 1 month.

❏ Visit one of the open spaces you discovered! Attend one of the events you discovered, participate in the activities you planned for your friends and family, or just explore!

❏ Spend the day you planned outside, in your own backyard or neighborhood!

❏ Create your own urban green space. Create a space in your backyard or in your house filled with outdoor or indoor plants that is yours to keep and take care of!

❏ Spend time tracking the animals that live near you. Look for tracks, feathers, fur, etc. and see if you can match the track to the specific animal. Research and implement ways you can help protect them.