# HISPANIC HERITAGE PATCH PROGRAM

## **CELEBRATING HISPANIC HERITAGE, CULTURE, AND DIVERSITY!**

"Hispanic" refers to people, cultures, or countries related to the Spanish language, Spanish culture, Spanish people, or to Spain in general. The term commonly applies to countries that were once colonized by Spain



in the Americas. Their cultures are derived from Spain in different degrees, in addition to local indigenous or other foreign influences. Twenty-one countries have Spanish as their official language, but only nineteen are considered Hispanic. Spain is a European country, and Equatorial Guinea is considered an African country. Let's discover Hispanic heritage, culture, and diversity together!

# In this patch program, you'll:

- **Discover** some of the geography, flags, native people, biodiversity, and celebrations of people in Hispanic countries.
- Connect with different cultures through explorations in language, cuisine, music, dance, art, and culture.
- Take Action in your community.

#### To earn the patch:

- Daisies/Brownies Complete 1 activity in each section, plus 3 additional activities of their choice.
- Juniors/Cadettes Complete 1 activity in each section, plus 4 additional activities of their choice.
- Seniors/Ambassadors Complete 1 activity in each section, plus 5 additional activities of their choice.

## **Discover**

- Geography Learn about North and South America. Use a map to identify all 19 Spanish-speaking countries in the Americas.
  - To complete this exploration, define the word "continent" and use a map to identify the 7 continents, 5 oceans, and the Caribbean Sea.

#### Answer the following questions:

- What countries make up North America?
- What countries make up South America?
- What is Central America?
- Countries, Cities, and Flags Find out more about each Hispanic country by learning its capital city, the total country population, and what the flag looks like.
  - · Draw your own flags!
  - To further your exploration, here are a few facts to look for in each country:
    - Independence day
    - The name of the currency and the exchange rate compared to the US dollar
    - Type of government
    - Environmental concerns
- Ancient Civilizations and Indigenous People of the Americas Explore the ancient civilizations that inhabited the Americas! Who discovered the number zero? Did they really use the human body as a unit of measurement? Who had a written language?
  - First, learn more about the Inca, Maya, Aztecs, Toltecs, and Tainos. Pay close attention to where they lived and what they ate, as well as the tools they were using.

- Then, learn more about the indigenous people living in the Americas now, like the Kuna People of Panama, the Quechua and Aymira peoples of Peru, the Pipil people of El Salvador, the Wayuu people of Colombia, and the Ache people of Paraguay.
- Biodiversity The Americas are home to a variety of plant and animal life.
  - Explore biodiversity by learning more about endemic and native species throughout Hispanic America.
  - Find out 3 facts about at least one animal and one plant. Share what you have learned with your family and friends.
    - You could learn more about monkeys in Costa Rica, the conservation efforts of the Caribbean Manatee, and the endangered birds of Bolivia.
- Traditions and Celebrations Traditions help us connect with country, community, family, and friends.
  - Learn more about important traditions and celebrations throughout Hispanic America. Remember to share what you have learned with family and friends.
    - You can read about Día de los Muertos (Day of the Dead) and watch Disney's Coco to learn more about this popular tradition.
    - Learn more about holiday celebrations of el Día De Reyes (Three Kings Day) and Noche Buena (Christmas Eve) and compare them with your own holiday traditions.
    - Plan your Quinceañera or find a tradition or celebration of your choice.

#### Connect

- Learn Spanish Spanish is a beautiful language, spoken at home by 41 million people in the US. It's
  the second most spoken language in the US and it's the most studied language, with 6 million
  students per year.
  - Learn Spanish by using an app (like Duolingo, Busuu, or Mondly) or watch a video on YouTube!
  - When you're ready, try learning the Girl Scout Promise in Spanish:

Por mi honor yo trataré:

De servir a Dios y a mi patria,

Ayudar a los demás en todo momento,

Y vivir conforme a la ley de las Girl Scouts.

- Let's Eat Food brings people together.
  - Learn a few recipes and try some new cuisines! Make one dish to share with your family.
    - Learn a rice and beans recipe from Cuba or Puerto Rico, or find out the science behind making Ceviche (Peru).
    - Explore different ways to eat an avocado. Try making a basic guacamole recipe (avocados, cilantro, lime, and salt) first and then make up your own recipe—or find a recipe that sounds good to you!
- Culture and the Arts Explore Hispanic culture through the arts. Pick 3 activities to complete.
  - Folkloric Music in Modern Times Explore the Colombian vallenato and cumbia through time.
    - First, sample some traditional vallenato and cumbia music. Listen to the instruments and their rhythms.
    - Then listen to Carlos Vives' "Tierra del Olvido (1994)," a fusion of vallenato and modern influences and Selena's "Techno Cumbia (1995)."
    - Then watch the video for "Tierra del Olvido (2015)," which features vallenato music fused with the sounds of current Colombian artists, while exploring the beauty of Colombia.
  - Modern Music Sample different genres of music in Spanish.
    - Check out classic bands like Maná or Enanitos Verdes.

- If you like pop music, try Julieta Venega's pop rock, Camilla's pop ballads, or the folk pop sounds of Jesse & Joy.
- Find more artists and genres by checking out Latin Music charts.
- Caribbean Rhythms Sample some salsa, merengue, cha cha cha and bachata music.
  - Notice the similarities and differences in musical instruments and rhythms. Learn how to dance at least 2 of the styles.
- African Roots in Dance Many iconic dance styles have their roots in African dance, like the Argentinian tango, the Puerto Rican bomba, Saya and caporeles in Bolivia, and the candombe in Uruguay.
  - Check out videos of each style and try dancing them at home.
- Traditional Dress and Textiles Find out more about the traditional dresses of at least 5 countries.
  - Explore the Mola craft of the Kuna people of Panama or the Bolivian weaving techniques of the Macha and Tabaruco.
  - Make a poster or presentation sharing what you have learned.
  - Create a piece of art inspired by designs, colors, and techniques of a country's traditional dress.
- Art Search for images of Nicaraguan folk art and the work of Mexican artist Lourdes Villagomez.
  - Create your own pieces of art in each style.
- Watch a TV/Film or Read a Book Watch a TV show or film that showcases Hispanic families or stories.
  - You might want to watch:
    - Nina's World
    - Elena of Avalor
    - · Stuck in the Middle
    - · Los Casagrandes, or
    - One Day at a Time (for older girls)
  - You might want to read:
    - Maria Had a Little Llama/María Tenía Una Llamita by Angela Dominguez
    - Yes! We are Latinos: Poems and Prose About the Latino Experience by Alma Flor Ada and F. Isabel Campoy
    - Enchanted Air: Two Cultures, Two Wings: A Memoir by Margarita Engle
    - I am Not Your Perfect Mexican Daughter by Erika L. Sánchez (for young adults)

## Take a Virtual Tour - Explore the world!

- Discover different landscapes and cities by taking 4 virtual tours around Hispanic America.
- Take a tour of a specific landmark, like the Atacama Desert, Machu Picchu, Angel Falls, or Easter Island.
- Take a tour of a city, like Montevideo or Buenos Aires.
- Check out the beaches in both the Pacific and Atlantic oceans.
- Create a travel brochure of your favorite location to share with family and friends.
- Go on an Urban Hike (or Drive) Explore southwest Detroit or your local Hispanic community!
   Plan your visit and enjoy the food and the art.
  - In southwest Detroit, you can explore the work of Mexican muralist Elton Monroy Duran, which depicts images of Mexican heritage in popular culture, as well as the many other murals depicting different perspectives of Hispanic culture.
  - Try traditional Mexican or Hispanic food at any of the restaurants and food trucks in the area.
  - Go shopping at a local market or bakery for traditional food ingredients you may want to explore.
  - Design an "Urban Hike" to share with your family and friends. You can make it as a poster or brochure, and it should highlight at least 5 locations.

- Notable Women Read more about Hispanic women in different fields. Pick at least 5 women.
  - Literature and Performing Arts Rita Moreno, Gloria Estefan, Gabriela Mistral, Isabel Allende, Sandra Cisneros, Selena, Celia Cruz
  - Business Eva Longoria, Carolina Herrera, America Corrales-Bortin
  - STEM Ellen Ochoa, Sylvia Acevedo, Dr Jane Delgado, Dr Elsie Taveras
  - Government, Politics, and Law Sonia Sotomayor, Alejandra Ocasio-Cortez, Leana Ros-Lehtinen
  - Social and Environmental Activism Minerva Mirabal, Berta Cáceres Flores, Gloria Anzaldúa, Sylvia Mendez, Lizzie Velásquez, Dolores Huerta

#### **Take Action**

- Community Action Attend events celebrating Hispanic heritage and encourage others to attend as well.
  - Find celebrations for Hispanic Heritage Month (September 15 October 15), Día de los Muertos (Nov 2) or Cinco de Mayo (May 5). Museums may have special exhibits, or your library may be highlighting books written by Hispanic authors or featuring Hispanic-inspired storylines.
- Environmental Action Learn more about environmental issues affecting Hispanic countries.
  - Find a way to help the countries' efforts.
  - Learn more about responsible tourism and what it means for locations like Machu Picchu and Chichen Itza.
- Social Action Explore social issues affecting the Hispanic community in the US or explore issues
  regarding the protection, conservation, and education of indigenous people.
  - · Make a video to increase awareness and share with friends and family.
- Representation Matters Learn more about why representation matters, and then share what
  you've learned with your family and friends.
  - Write a letter to your favorite channel, platform, producer, etc. asking for more multicultural representation.
- Engineer Take Action Project Use the Engineering Design Process to identify an issue or problem in your local community and Take Action.
  - Talk to members of the community to find out what people need and figure out different ways to help.

When she was 5 years old, Sophie Cruz met the Pope. The spunky daughter of undocumented immigrants, Cruz gave Pope Francis a letter during his 2015 visit to the White House, outlining her fears of deportation and the devaluing of immigrant contributions around the globe.

In the letter, she wrote, "I want to tell you that my heart is very sad, because I'm scared that one day ICE (U.S. Immigration and Customs Enforcement) is going to deport my parents. I have a right to live with my parents. I have a right to be happy."

Cruz has gone on to be a voice for the children of undocumented immigrants around the globe and a vocal supporter of immigration reform.



Celebrating Hispanic Heritage, Culture, Diversity

girl scouts
of southeastern
michigan