



2025–2026 Girl Scout Cookies®

All our cookies have...

- NO High-Fructose Corn Syrup
- NO Partially Hydrogenated Oils (PHOs)
- Zero Grams Trans Fat per Serving
- RSPO Certified (Mass Balance) Palm Oil
- Halal Certification

The World's Most Flavorful Lineup



Adventurefuls® • Real Cocoa

Indulgent brownie-inspired cookies with caramel flavored crème and a hint of sea salt
Approximately 15 cookies per 6.3 oz. pkg.

⑩D



Lemon-Ups®

NATURALLY FLAVORED WITH OTHER NATURAL FLAVORS

Crispy lemon flavored cookies with inspiring messages to lift your spirits
Approximately 12 cookies per 6.2 oz. pkg.

⑩D



Trefoils®

Iconic shortbread cookies inspired by the original Girl Scout recipe
Approximately 38 cookies per 9 oz. pkg.

⑩D



Do-si-dos® • Made with Natural Flavors • Real Peanut Butter • Whole Grain Oats

Oatmeal sandwich cookies with peanut butter filling
Approximately 20 cookies per 8 oz. pkg.

⑩D



Samoas® • Real Cocoa • Real Coconut

Crisp cookies with caramel, coconut, and dark chocolaty stripes
Approximately 15 cookies per 7.5 oz. pkg.

⑩D



Tagalongs® • Real Cocoa • Real Peanut Butter

Crispy cookies layered with peanut butter and covered with a chocolaty coating
Approximately 15 cookies per 6.5 oz. pkg.

⑩D



Thin Mints® • Made with Vegan Ingredients • Real Cocoa

Crisp, chocolaty cookies made with natural oil of peppermint
Approximately 30 cookies per 9 oz. pkg.

⑩



Exploremores™ • Real Cocoa

NATURALLY AND ARTIFICIALLY FLAVORED

Rocky road ice cream-inspired cookies filled with flavors of chocolate, marshmallow and toasted almond crème
Approximately 18 cookies per 7.9 oz. pkg.

⑩D



Toffee-tastic® • No Artificial Flavors GLUTEN-FREE

Rich, buttery cookies with sweet, crunchy toffee bits
Approximately 14 cookies per 6.7 oz. pkg.

⑩D



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Adventurefuls®

Nutrition Facts

About 7 servings per container

Serving size2 cookies (24g)

Amount per serving

Calories120

% Daily Value*

Total Fat

6g

7%

Saturated Fat

3.5g

18%

Trans Fat

0g

Cholesterol

0mg

0%

Sodium

80mg

4%

Total Carbohydrate

16g

6%

Dietary Fiber

1g

3%

Total Sugars

9g

Includes 9g Added Sugars

18%

Protein

1g

Vit. D 0mcg

0%

• Calcium 10mg

0%

Iron 1.2mg

6%

• Potas. 60mg

2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Lemon-Ups®

Nutrition Facts

About 6 servings per container

Serving size2 cookies (29g)

Amount per serving

Calories140

% Daily Value*

Total Fat

6g

8%

Saturated Fat

2g

10%

Trans Fat

0g

Cholesterol

0mg

0%

Sodium

100mg

4%

Total Carbohydrate

20g

7%

Dietary Fiber

0g

0%

Total Sugars

7g

Includes 7g Added Sugars

14%

Protein

1g

Vit. D 0mcg

0%

• Calcium 0mg

0%

Iron 0.7mg

4%

• Potas. 10mg

0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Trefoils®

Nutrition Facts

About 8 servings per container

Serving size5 cookies (32g)

Amount per serving

Calories160

% Daily Value*

Total Fat

7g

9%

Saturated Fat

2.5g

13%

Trans Fat

0g

Cholesterol

0mg

0%

Sodium

110mg

5%

Total Carbohydrate

21g

8%

Dietary Fiber

0g

0%

Total Sugars

7g

Includes 6g Added Sugars

12%

Protein

2g

Vit. D 0mcg

0%

• Calcium 5mg

0%

Iron 1mg

4%

• Potas. 35mg

0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Do-si-dos®

Nutrition Facts

About 6 servings per container

Serving size3 cookies (34g)

Amount per serving

Calories160

% Daily Value*

Total Fat

7g

9%

Saturated Fat

2g

10%

Trans Fat

0g

Cholesterol

0mg

0%

Sodium

100mg

4%

Total Carbohydrate

22g

8%

Dietary Fiber

1g

4%

Total Sugars

11g

Includes 10g Added Sugars

20%

Protein

3g

Vit. D 0mcg

0%

• Calcium 15mg

0%

Iron 0.8mg

4%

• Potas. 70mg

0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Samoas®

Nutrition Facts

About 7 servings per container

Serving size2 cookies (29g)

Amount per serving

Calories150

% Daily Value*

Total Fat

8g

10%

Saturated Fat

6g

30%

Trans Fat

0g

Cholesterol

0mg

0%

Sodium

60mg

3%

Total Carbohydrate

18g

7%

Dietary Fiber

0g

0%

Total Sugars

11g

Includes 10g Added Sugars

20%

Protein

1g

Vit. D 0mcg

0%

• Calcium 10mg

0%

Iron 0.6mg

2%

• Potas. 45mg

0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), VEGETABLE OIL (SOYBEAN, PALM AND PALM KERNEL), COCOA PROCESSED WITH ALKALI, SEMISWEET CHOCOLATE (SUGAR, CHOCOLATE, COCOA BUTTER, SOY LECITHIN, VANILLA EXTRACT), CONTAINS 2% OR LESS OF COCOA, NONFAT MILK, MILK, SALT, SOY LECITHIN, BAKING SODA, NATURAL AND ARTIFICIAL FLAVORS, PAPRIKA EXTRACT (COLOR).

CONTAINS WHEAT, SOY AND MILK INGREDIENTS.

MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS & EGG.

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), SUGAR, SOYBEAN AND PALM OIL, CONTAINS 2% OR LESS OF NATURAL FLAVORS, SALT, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE), ANNATTO EXTRACT COLOR, SOY LECITHIN, CITRIC ACID, WHEY PROTEIN CONCENTRATE, PROPYLENE GLYCOL ALGINATE, FRUCTOSE, MALIC ACID.

CONTAINS WHEAT, SOY AND MILK INGREDIENTS.

MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS & EGG.

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), SOYBEAN AND PALM OIL, SUGAR, CONTAINS 2% OR LESS OF BROWN SUGAR (SUGAR, MOLASSES), SWEETENED CONDENSED MILK (MILK, SUGAR), BUTTERMILK, SALT, NATURAL AND ARTIFICIAL FLAVORS, BAKING SODA, SOY LECITHIN.

CONTAINS WHEAT, MILK AND SOY INGREDIENTS.

MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS & EGG.

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), SUGAR, WHOLE GRAIN OATS, SOYBEAN AND PALM OIL, PEANUT BUTTER (PEANUTS, HYDROGENATED PALM OIL), DEXTROSE, INVERT SUGAR, CONTAINS 2% OR LESS OF WHEY, SALT, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), CORNSTARCH, NATURAL FLAVORS, SOY LECITHIN.

CONTAINS WHEAT, PEANUT, MILK AND SOY INGREDIENTS.

MANUFACTURED IN A SHARED FACILITY WITH TREE NUTS & EGG.

INGREDIENTS: SUGAR, VEGETABLE OIL (PALM KERNEL, PALM AND SOYBEAN OIL), ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), CORN SYRUP, COCONUT, SWEETENED CONDENSED MILK (MILK, SUGAR), CONTAINS 2% OR LESS OF SORBITOL, COCOA, GLYCERIN, INVERT SUGAR, COCOA PROCESSED WITH ALKALI, CORNSTARCH, SALT, CARAMEL COLOR, DEXTROSE, NATURAL AND ARTIFICIAL FLAVORS, SOY LECITHIN, SORBITAN TRISTEARATE, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), CARRAGEENAN.

CONTAINS WHEAT, COCONUT, MILK AND SOY INGREDIENTS.

MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS & EGG.

Tagalongs®

Nutrition Facts

About 7 servings per container

Serving size2 cookies (25g)

Amount per serving

Calories140

% Daily Value*

Total Fat

8g

10%

Saturated Fat

4g

20%

Trans Fat

0g

Cholesterol

0mg

0%

Sodium

80mg

3%

Total Carbohydrate

13g

5%

Dietary Fiber

1g

4%

Total Sugars

8g

Includes 7g Added Sugars

14%

Protein

3g

Vit. D 0mcg

0%

• Calcium 0mg

0%

Iron 0.7mg

2%

• Potas. 60mg

0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Thin Mints®

MADE WITH VEGAN INGREDIENTS

Nutrition Facts

About 8 servings per container

Serving size4 cookies (31g)

Amount per serving

Calories160

% Daily Value*

Total Fat

7g

9%

Saturated Fat

5g

25%

Trans Fat

0g

Cholesterol

0mg

0%

Sodium

120mg

5%

Total Carbohydrate

21g

8%

Dietary Fiber

<1g

3%

Total Sugars

10g

Includes 9g Added Sugars

18%

Protein

2g

Vit. D 0mcg

0%

• Calcium 10mg

0%

Iron 1.2mg

6%

• Potas. 40mg

0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Exploremores™

Nutrition Facts

About 9 servings per container

Serving size2 cookies (26g)

Amount per serving

Calories130

% Daily Value*

Total Fat

5g

7%

Saturated Fat

2g

9%

Trans Fat

0g

Cholesterol

0mg

0%

Sodium

100mg

4%

Total Carbohydrate

18g

7%

Dietary Fiber

1g

3%

Total Sugars

8g

Includes 8g Added Sugars

16%

Protein

1g

Vit. D 0mcg

0%

• Calcium 10mg

2%

Iron 1.3mg

8%

• Potas. 80mg

2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Toffee-tastic®

GLUTEN-FREE

Nutrition Facts

About 7 servings per container

Serving size2 cookies (28g)

Amount per serving

Calories140

% Daily Value*

Total Fat

7g

9%

Saturated Fat

4g

20%

Trans Fat

0g

Cholesterol

10mg

3%

Sodium

90mg

4%

Total Carbohydrate

19g

7%

Dietary Fiber

0g

0%

Total Sugars

7g

Includes 7g Added Sugars

14%

Protein

<1g

Vit. D 0mcg

0%

• Calcium 0mg

0%

Iron 0.1mg

0%

• Potas. 5mg

0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Quick reference for allergens:

	SOY	WHEAT	MILK	PEANUTS	TREE NUTS	EGG
Adventurefuls	●	●	●	●	●	●
Lemon-Ups	●	●	●	●	●	●
Trefoils	●	●	●	●	●	●
Do-si-dos	●	●	●	●	●	●
Samoas	●	●	●	●	●	●*
Tagalongs	●	●	●	●	●	●
Thin Mints	●	●	●	●	●	●
Exploremores	●	●	●	●	●	●
Toffee-tastic	●	●	●	●	●	●

● CONTAINS

● MANUFACTURED IN A SHARED FACILITY WITH

*MADE WITH COCONUT

Refer to your cookie package for the most current cookie information.

CERTIFIED SUSTAINABLE PALM OIL

Rspo

MIXED

RSPO-1106110

Although the use of palm oil in Little Brownie Bakers' Girl Scout Cookies® is limited, the palm oil used in our Girl Scout products is Certified Mass Balance palm oil. The Mass Balance System ensures that the palm oil Little Brownie Bakers uses contributes to the production of environmentally responsible, socially beneficial and economically viable palm oil. For more information please visit LittleBrownie.com.

INGREDIENTS: PEANUT BUTTER (PEANUTS, SUGAR, HYDROGENATED PALM OIL, SALT), SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), VEGETABLE OIL (PALM KERNEL, PALM AND SOYBEAN OIL), COCOA, CONTAINS 2% OR LESS OF INVERT SUGAR, CORNSTARCH, SALT, SORBITAN TRISTEARATE, SOY LECITHIN, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), NATURAL AND ARTIFICIAL FLAVORS, WHEY, PARTIALLY DEFATED PEANUT FLOUR.

CONTAINS PEANUT, WHEAT, SOY AND MILK INGREDIENTS.

MANUFACTURED IN A SHARED FACILITY WITH TREE NUTS & EGG.

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), SUGAR, VEGETABLE OIL (PALM KERNEL, PALM AND SOYBEAN OIL), COCOA, CARAMEL COLOR, CONTAINS 2% OR LESS OF COCOA PROCESSED WITH ALKALI, INVERT SUGAR, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), CORNSTARCH, SALT, SORBITAN TRISTEARATE, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVORS, OIL OF PEPPERMINT.

CONTAINS WHEAT AND SOY INGREDIENTS.

MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS, MILK & EGG. MADE IN A FACILITY THAT HANDLES NON-VEGAN INGREDIENTS.

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE OIL (SOYBEAN AND PALM OIL WITH TBHQ FOR FRESHNESS), COCOA (PROCESSED WITH ALKALI), CONTAINS LESS THAN 2% OF: INVERT SUGAR, SALT, LEAVENING (BAKING SODA, AMMONIUM BICARBONATE, MONOCALCIUM PHOSPHATE), MOLASSES, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVORS, PEANUT FLOUR, WHEY (MILK).

CONTAINS SOY, WHEAT, PEANUT AND MILK INGREDIENTS.

MANUFACTURED IN A SHARED FACILITY WITH TREE NUTS & EGG.

INGREDIENTS: RICE FLOUR, TAPIOCA STARCH, SUGAR, BUTTER (CREAM, SALT), PALM OIL, BROWN RICE FLOUR, BUTTER TOFFEE BITS (SUGAR, BUTTER (CREAM, SALT), CORN SYRUP, SOY LECITHIN, SALT), INVERT SUGAR, CONTAINS 2% OR LESS OF SALT, SOY LECITHIN, XANTHAN GUM, BAKING SODA.

CONTAINS MILK AND SOY INGREDIENTS.

MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS, WHEAT & EGG.

For more info visit:

LittleBrownie.com

girlscoutcookies.org