

GSSEM Outdoor Education Opportunities

**Schedule on page 3 AND Check out the Enrichment Opportunities on Page 4!
Please read all Outdoor Education Course information carefully, as many have prerequisites.**

TRIP & CAMP READINESS FOR GIRLS (Girls Sleep in/Girls Cook In)

On-line at www.gssem.org [DVD or Paper copy available by calling the Flint Service Center]

WHO SHOULD TAKE THIS COURSE: Any volunteer interested in helping the girls expand their horizons beyond the troop meeting place. The troop volunteer who will assist the troop with camping or with overnight trips away from the regular meeting place is welcome to attend this course. This course is the pre-requisite for Outdoor I, Girls Sleep In/Cook Out.

COURSE CONTENT: Increase your skills to prepare the girls for trips. Topics include: safety, including girl/adult ratios and medication dispensing, packing and dressing for the weather, meal planning, food safety, outdoor education activities, as well as going green and using resources wisely. There is no prerequisite for this class.

REGISTRATION: You do not need to pre-register. Go on-line to [our website](#) and follow the directions there. In order for GSSEM to record completion of this class, you must forward a copy of your learning log to GSSEM ADVS Department at the Flint Service Center.



COST: NONE **LENGTH OF COURSE:** Designed to take approximately two hours or less.

OUTDOOR 1 - GIRLS SLEEP IN/COOK OUT Face to Face class only

WHO SHOULD ATTEND: The troop volunteer who will assist the troop with camping where the girls will experience a campfire and/or cooking out-of-doors.

COURSE CONTENT:

- Fire safety and building, knife and ax usage
- Outdoor cooking methods – progression from stick cooking, one pot cooking, foil dinners, cast iron cooking; charcoal and wood fires
- Minimal impact
- Food storage and safety
- Cleaning up and dishwashing

PREREQUISITE: *Trip & Camp Readiness for Girls (above)* must be completed prior to attending this training.



LENGTH OF COURSE: Four (4) hours

COST: \$15.00

WHAT TO BRING:

Outdoor Education in Girl Scouts, available from the GSSEM Council Shop; a dish bag – plate/cup/bowl/silverware in a mesh bag; and dress for the weather, we will be outdoors!

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OUTDOOR 2 - GIRLS SLEEP OUT in ESTABLISHED UNITS

On-line at www.gssem.org [DVD or Paper copy available by *calling the Flint Service Center*]

WHO SHOULD TAKE THIS COURSE: The troop volunteer who will assist the troop with camping where the girls will experience sleeping in platform cabins, platform tents, Adirondacks, or A-frames.

COURSE CONTENT:

- Safety and night-time readiness
- Personal hygiene using pumps or wells
- Facility care
- Updated packing list for personal and troop equipment
- Food storage and safety

PREREQUISITES:

Trip & Camp Readiness for Girls & *Outdoor I - Girls Sleep In/Cook Out* must be completed prior to completing this course.

LENGTH OF COURSE: Designed to take approximately two hours or less.

REGISTRATION: You do not need to pre-register. Go to [our website](#)

In order for GSSEM to record completion of this class, you must forward a copy of your learning log to GSSEM ADVS Department at the Flint Service Center.

OUTDOOR 3 - GIRLS SLEEP OUT in TENTS Face to Face class only

WHO SHOULD TAKE THIS COURSE: The troop volunteer who will assist the troop with camping where the girls will experience sleeping in tents, whether at one location or moving from place to place.

COURSE CONTENT:

- Tents including site set-up, care, and packing
- Knots and lashing
- Emergency procedures
- Personal hygiene
- Advanced food storage and safety – “packing it out”



PREREQUISITE: *Trip & Camp Readiness for Girls*, *Outdoor I* & *Outdoor II* must be completed prior to attending this training.

LENGTH OF COURSE: three (3) hours

COST: \$10.00

WHAT TO BRING:

Outdoor Education in Girl Scouts, available from the GSSEM Council Shop; a dish bag – and dress for the weather, we will be outdoors!

GSSEM Outdoor Education Opportunities

SPRING 2010 regular Classes

Course Name	L	#	Y	Date	Day	Time	Location	County
Outdoor 1	4	503	10	April 17, 2010	Saturday	1:00 p.m. - 5:00 p.m.	East side Detroit	Wayne
Outdoor 1	4	504	10	April 17, 2010	Saturday	9:00 a.m. - 1:00 p.m.	Innisfree	Livingston
Outdoor 1	5	501	10	May 1, 2010	Saturday	2:00 p.m. - 6:00 p.m.	Port Huron Service Center	St Clair
Outdoor 1	3	504	10	May 8, 2010	Saturday	9:00 a.m. - 1:00 p.m.	Hawthorn Hollow	St Clair
Outdoor 3	1	551	10	March 25, 2010	Thursday	10:00 a.m. - 1:00 p.m.	Flint Service Center	Genesee
Outdoor 3	1	552	10	April 17, 2010	Saturday	10:00 a.m. - 1:00 p.m.	Flint Service Center	Genesee
Outdoor 3	4	553	10	April 17, 2010	Saturday	9:00 a.m. - 12:00 noon	East side Detroit	Wayne
Outdoor 3	4	554	10	May 1, 2010	Saturday	9:00 a.m. - 12:00 noon	Innisfree	Livingston
Outdoor 3	5	551	10	May 1, 2010	Saturday	10:00 a.m. - 1:00 p.m.	Port Huron Service Center	St Clair
Outdoor 3	3	552	10	May 22, 2010	Saturday	9:00 a.m. - 12:00 noon	Hawthorn Hollow	Macomb

If you previously took Girl Scout Outdoor Education courses, your previous training will be honored. However if you are moving into new skill areas, you will need to take the appropriate next level class.

For Returning Volunteers:

Current GSSEM courses	Past Courses from Legacy Councils			
	Clinton Twp	Detroit	Flint	Port Huron
Trip & Camp Readiness	Basic Outdoor Skills	Outdoor Program Facilitator 1	Building Camping	Basic Overnight Trip Training
Outdoor 1 - Girls Sleep In/ Cook Out	Basic Outdoor Skills	Outdoor Program Facilitator 1	Building Camping	Camp Crafter
Outdoor 2 - Girls Sleep Out in Established Units	Basic Outdoor Skills	Outdoor Program Facilitator 2	Platform Camping	Camp Crafter
Outdoor 3 - Girls Sleep Out in Tents	Advanced Outdoor Skills	Outdoor Program Facilitator 2 +Tents	Tent Camping	Camp Crafter

GSSEM Outdoor Education Opportunities

OUTDOOR ENRICHMENT-BEYOND ADVANCED!

Learn some new skills from experienced travel campers, help plan the itinerary and the menu, and enjoy practicing skills in a fun adult weekend experience.

METHODS AND MENUS – COOKING AT CAMP

Methods include stick, foil pack, one pot, box oven, Dutch oven, charcoal stove, pie iron... No experience required. Everyone will participate in cooking and taste testing! Dress for the weather, this class is outside. Please bring gloves to handle hot, cold and wood, and a dish bag (bag with unbreakable plate, bowl, cup and utensils). Bring your choice of beverage (hot water available). Recipes will be provided, bring a pen to take notes. Sit upon or stool is recommended. Have a recipe you would like to suggest? E-mail to susiemgs@yahoo.com. (This course immediately follows an Outdoor 3 Course- come on out and get two classes done in one trip!)

METHODS AND MENUS – COOKING AT CAMP

Always ordering pizza or cruising through a drive-thru on the way to camp? Making cold sandwiches? Or are you on the fire forever? Come learn some easy and quick recipes that will have you eating as quickly as sending someone to the nearest pizza parlor. By the way – you eat what you cook!!!! Dress for weather, bring chair or sit-upon, mess kit, your own drink, and follow fire safety rules for clothing and hair. (This course immediately follows an Outdoor 3 Course- come on out and get two classes done in one trip!)

MAKE, BAKE, TAKE – OUTDOOR COOKING & EQUIPMENT

On an equipment budget? Need some outdoor cookware? Always wanted to make a box oven but not sure how? Don't know how to use it? Then this class is for you. Make a box oven, a charcoal chimney, and some pots and pan. Try them out and take them home. You eat what you cook!!!! Please bring a box suitable for oven (such as large paper carton w/ lid), metal Altoids can, 8 metal coat hangers, Pliers, tin snips and work gloves if they have them. Sign up early – this class is popular and only open to the first twelve registrants.

LETTER BOXING

Heard of geo-caching? Well, try this low-tech relative! Learn about letter boxing and participate in the sport-game. We will make individual stamps using a method safe for all Girl Scouts of all ages! Then we will participate in a letter box hunt. Sign up early – this class is popular and only open to the first twelve registrants.

Course Name	L	#	Y	Date	Day	Time	Location	County
Outdoor Enrichment Beyond Advanced A	4	805a	10	April 29, 2010	Thursday	7:00 p.m. - 9:00 p.m.	East side Detroit	Wayne
Outdoor Enrichment Methods & Menus	4	806	10	May 1, 2010	Saturday	12:30 p.m. - 3:00 p.m.	Innisfree	Livingston
Outdoor Enrichment Methods & Menus	3	810	10	May 22, 2010	Saturday	1:00 p.m - 3:30 p.m.	Hawthorn Hollow	Macomb
Outdoor Enrichment Letterboxing	3	811	10	June 5, 2010	Saturday	1:00 p.m. - 4:00 p.m.	A park to be determined	Macomb
Outdoor Enrichment Make, Bake, Take Homemade equipment class	3	812	10	June 5, 2010	Saturday	9:00 a.m. - 12:00 noon	A park to be determined	Macomb