

# Training Catalog: Descriptions & Learning Paths

## Getting Started

### **Troop Leader Orientation Online**

This training covers you everything you need to succeed as a troop leader and to support a successful Girl Scout troop. This training is required for all Girl Scout troop leaders and is available on gsLearn and Zoom.

Length of training: 2 hours

### **Grade-Level Essentials**

These online courses instruct volunteers on leading each Girl Scout program level in a way that parallels girls' growth and development. All troop leaders are required to take one Grade-Level Essentials course on gsLearn every two years to ensure they're prepared to effectively lead as their Girl Scouts get older.

- GSUSA Daisy Grade-Level Essentials (30 minutes)
- GSUSA Brownie Grade-Level Essentials (35 minutes)
- GSUSA Junior Grade-Level Essentials (33 minutes)
- Cadette Grade-Level Essentials (35 minutes)
- Senior/Ambassador Grade-Level Essentials (52 minutes)
- Multi-Level Grade-Level Essentials (11 minutes)

### **GSUSA New Leader Onboarding: What Girl Scouts Do**

In this course, you'll learn about what Girl Scouts do at each grade level. This will help you understand what Girl Scouts do and how they do it so you can plan your troop's year. This course is presented through the lens of an experienced troop leader, whose troop completed all grade levels of the Girl Scout program. This course is not required, but is very helpful for exploring the basics of the Girl Scout program.

Run time: Varies by number of levels present in your troop. Each level is approximately 15 minutes long.

## Working With Adults

### **Co-Leadership Short & Snappy**

This Short & Snappy covers skills to help you develop your shared style of leadership and to effectively support your co-leader.

Run time: 13 minutes

### **Difficult Conversations**

This training will give you the tools you need when friction arises in your troop and as you work towards making Girl Scouts a great experience for all. This training is available on gsLearn and Zoom.

Run time: Webinar: 2 hours (approximately) // Short & Snappy: 15 minutes

### **GSUSA Navigating Conflict with Confidence**

In this interactive training, you'll gain the skills to navigate challenging conversations in order to reach common ground with others where emotions run high and positive outcomes are critical.

Run time: 2 hours

### **Meaningful Family Involvement Short & Snappy**

Meaningful Family Involvement will help you to establish a foundation for effectively collaborating with the families of your troop members.

Run time: 15 minutes

### **Troop Dues Short & Snappy**

This training will explain what troop dues are, how to collect dues, and how to determine an appropriate amount to collect from families.

Run time: 10 minutes

### **Volunteer National Awards Short & Training**

Learn how you can honor an amazing Girl Scout volunteer by nominating them for one of the five Volunteer National Awards.

Run time: 15 minutes

### **Volunteer Relations<sup>SM</sup> Process Short & Snappy**

Girl Scouts of Southeastern Michigan is here to support volunteers who are experiencing conflict in their roles. This training will cover how the Volunteer Relations<sup>SM</sup> process can help in difficult situations where relationships are at risk of being damaged.

Run time: 5 minutes

### **Socially Distanced Meetings Short & Snappy**

As your troop or group prepares to meet in person, it's important that troops follow local and CDC guidelines to ensure that Girl Scouts are healthy and safe. In this training, we'll follow Troop 71086 as they hold a socially distanced troop meeting at a local church.

Run time: 9 minutes

## **Working With Girl Scouts**

### **Ability Enrichment Training**

In this training, you'll learn about different kinds of disabilities and how you, as a Girl Scout volunteer, can work with Girl Scouts and their families and your troop as a whole to provide an amazing, inclusive experience for Girl Scouts of all abilities.

Run time: 18 minutes

### **Girl Led Discussions Short & Snappy**

As a volunteer with GSSEM, you'll have the opportunity to grow Girl Scout leadership and encourage collaborative decision-making. This training will provide helpful tips on how to have group discussions that allow Girl Scouts to share ideas.

Run time: 15 minutes

### **Girl-Led Events Short & Snappy**

This training discusses age-appropriate ways in which Girl Scouts can take the lead in the event planning process.

Run time: 10 minutes

### **Group Decision-Making Short & Snappy**

Girl Scouts of all ages gain confidence and leadership skills when given the opportunity to lead their activities. This training will take a look at four traditions troops have used for Girl Scout-led governance!

Run time: 3 minutes

### **Welcoming New Girl Scouts Short & Snappy**

It can be exciting to have a new Girl Scout join your troop! This training covers five thoughtful ways to help new troop members feel welcome.

Run time: 3 minutes

### **GSUSA Creating Your Inclusive Troop**

In this training you'll learn how to create an inclusive, girl-led space, embracing troop diversity and understanding how the role of the troop leader sets this framework.

Run time: 4 minutes

### **Inspiring Girl Courage Short & Snappy**

At Girl Scouts, our goal is to create an environment where members feel encouraged to develop confidence by trying new things, learning new skills, and to practice being leaders. This training explores strategies you can use to help your troop grow in the Girl Scout environment.

Run time: 9 minutes

### **Quieting a Noisy Room Short & Snappy**

Sometimes, Girl Scouts may get caught up in the excitement and you may need to help them settle back down. This Short & Snappy looks at how you can go from a room buzzing with activity to a space where Girl Scouts are prepared to learn about their next adventure.

Run time: 3 minutes

### **National Program Portfolio – Girl Scout Cookie Program Badges**

GSUSA has trainings available on gsLearn that explain how to implement the Girl Scout Cookie Program badges with your Girl Scout troop. Below are the Girl Scout Cookie Program badges your troop can work on at each Girl Scout program level.

#### *Daisy*

- My First Cookie Business
- Cookie Goal Setter

#### *Brownie*

- My Cookie Customers
- Cookie Decision Maker

#### *Junior*

- My Cookie Team
- Cookie Collaborator

#### *Cadette*

- My Cookie Venture
- Cookie Market Researcher
- Cookie Innovator

#### *Senior*

- Senior Cookie Boss
- My Cookie Network

#### *Ambassador*

- My Cookie Business
- Cookie Influencer

## **Troop Finances**

### **Group Money Earning Short & Snappy**

This training will explore ways your troop can earn funds for their troop bank accounts and how to host a money earning event.

Run time: 8 minutes

### **Managing Troop Finances Short & Snappy**

This training covers the basics of managing troop finances.

Run time: 8 minutes

### **Opening a Troop Bank Account Short & Snappy**

This training explains the process of opening a troop bank account.

Run time: 7 minutes.

### **Troop Dues Short & Snappy**

While not required, many troops choose to collect dues from their members to finance activities that the troop enjoys. In this training, we take a deeper dive into understanding troop dues and how they can work for your Girl Scout troop.

Run time: 9 minutes

## Girl Scout Traditions

### **Girl Scout Ceremonies Short & Snappy**

In this training, you'll learn about traditional Girl Scout Ceremonies, including investiture, rededication, flag, the court of awards, Girl Scout bridging, as well as openings and closings for your troop meetings.

Run time: 3 minutes

### **Flag Ceremonies Short & Snappy**

This short training explains how to conduct an opening, and closing flag ceremony with your troop both outdoors and indoors.

Run time: 13 minutes

### **Girl Scout Bridging Ceremonies Short & Snappy**

This training explains one of the most time-honored ceremonies in Girl Scouts and how your troop can work together to plan its bridging ceremony.

Run time: 10 minutes

## Highest Awards

### **Silver Award Training**

The training will provide Girl Scout Cadettes, Troop Leaders, and parent's information about the Silver Award process for GSSEM and the national standards for earning the Silver Award.

Run time: 35 minutes

### **Bronze Award Training**

The Bronze Award is the highest award Girl Scout Juniors can earn. To earn the Bronze Award, Girl Scout Juniors work together to address an issue in their community in a sustainable way. In this training, we'll go over how you can work with Juniors to guide them toward earning their Bronze Award.

Run time: 20 minutes

### **Take Action Short & Snappy**

Take Action Projects are an important piece of the Girl Scout leadership experience. This training discusses the basics of identifying and implementing Take Action projects with your troop.

Run time: 10 minutes

## STEM

### **Engaging Girls in a STEM Experience Short & Snappy**

In this short training, we'll look at one strategy for talking about STEM that can help those who are unfamiliar with STEM to approach activities with girls.

Run time: 12 minutes

### **Research Skills for Girls Short & Snappy**

When Girl Scouts do research, they are more likely to create effective solutions to problems, and develop lasting relationships with community organizations to make sustainable change. The training will cover how to help Girl Scouts enhance their researching skills.

Run time: 5 minutes

### **Making Expert Connections Short & Snappy**

Girl Scouts groups complete big projects that make big changes in the world! This training covers the seven steps to forming expert connections to support your group's project.

Run time: 15 minutes

### **National Program Portfolio – Digital Leadership Badges**

GSUSA has training courses available on gsLearn that explain how to implement STEM badges with your Girl Scout troop. GSUSA has the Digital Leadership badges trainings available for Daisy, Brownie, Junior, Cadette, Junior, and Senior program levels.

## Outdoor

### **Backyard Campout Short & Snappy**

Backyard camping is a great way to introduce Girl Scouts to sleeping in the outdoors. This training will help prepare you and your troop for their first backyard campout.

Run time: 17 minutes

### **First Aid Short & Snappy**

This training shows how to teach basic first aid to your troop. This Short & Snappy does not constitute first aid training for adults to serve as a first aider for a troop. For GSSEM-compliant first aid/CPR training, please check GSSEM's event list for upcoming sessions or seek out a training from the American Red Cross or other organization offering training sessions with an in-person practicum component.

Run time: 18 minutes (with instruction videos)

### **GO! for Snow Short & Snappy**

Most people stay inside in the winter, but there's a whole world of fun out there! This training shows how your troop can plan and prepare for fun, outdoor, winter activities.

Run time: 8 minutes

### **GO! Explore the Sky Short & Snappy**

This training explores what lies beyond our sky, including Earth's atmosphere, our solar system, and stars and how women have played a role in space exploration.

Run time: 12 minutes

### **Nature ID Short & Snappy**

This two-part training shows how to identify some of the most common trees here in Michigan and some things to look for when you are trying to identify a tree as well as how to identify some of Michigan's most common animals

Run time: 21 minutes

### **Mariner Adventure Short & Snappy**

This training discusses the importance of watersheds and how to ensure your local watersheds stay healthy.

Run time: 8 minutes (without extra videos)

### **GSSEM Outdoor Training**

This four-part learning path explains how to get Girl Scouts outside in a progressive manner.

- *Outdoor 1: Getting Girl Scouts Outside*

Outdoor 1 is designed to help build Girl Scouts outdoor skills and knowledge up to where they are able to camp, whether that's at one of Girl Scouts of Southeastern Michigan's camps, a state park, or any other campground.

Run time: 18 minutes

- *Outdoor 2: Cabin Camping*

In Outdoor 2, we discuss how to plan an amazing cabin camping trip with your Girl Scouts. This course is required for all troops planning a troop camping trip at Camp Hawthorn Hollow or Camp Playfair.

Run time: 21 minutes

- *Outdoor 3: Camping Beyond the Cabin*

This portion of Girl Scouts of Southeastern Michigan's outdoor training is focused on preparing your troop to camp beyond the cabin. This course is required for all troops planning a tent camping trip or cooking over a campfire at Camp Hawthorn Hollow or Camp Playfair.

Run time: 70 minutes (includes optional content)

- *Outdoor 4: Survival Skills*

This training discusses four essential survival skills that you can teach to Girl Scouts: knife skills, knot tying, shelter construction and fire building. This training is not required for any outdoor experience, but some courses within Outdoor 4 may be useful for helping you teach outdoor skills to Girl Scouts.

### **National Program Portfolio – Math in Nature Badges**

GSUSA's training sessions on gsLearn explain how to implement the progressive Math in Nature badge series with your Girl Scout troop. Sessions are available for Daisy, Brownie, and Junior program levels.

- Design with Nature
- Numbers in Nature
- Shapes in Nature

## Using Resources Wisely

### **GSUSA Facilitating Virtual Troop Meetings**

In this course, you'll learn about how to create and facilitate an engaging virtual troop meeting by exploring the main reasons for hosting virtual troop meetings, discovering techniques and tips to create engaging virtual experiences and learning how to keep virtual meetings safe.

Run time: 27 minutes

### **GSUSA Girl Scout Tree Promise**

This training explores the Girl Scout Tree Promise and how planting 5 million trees in 5 years can help our planet.

Run time: 5 minutes

### **GSUSA Managing My Troops from My Account**

This course demonstrates how troop leaders can manage troop and troop member information from My Account. It also demonstrates how leaders can complete registration activities for troop members.

Run time: 30 minutes

### **GSUSA Resilient. Ready. Strong. Patch**

Girl Scouts: Resilient. Ready. Strong. patch will build girls' inner strength so they're ready for anything. This course will review activities that work for all grade levels, as well as provide reflective questions for discussion with girls, and links to additional resources.

Length: 15 minutes

### **GSSEM Service Unit Finder**

This tool explains what a service unit is and uses a search engine to identify your own service unit to you can connect with your local Girl Scout community.

Run time: 3 minutes